# The Use of Pre and Postnatal Ultrasound for Early Detection of FASD in CIFASD

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Matthews – South Africa (unpublished):

- n = 60 heavily exposed fetuses and controls
- Scanned with 2D ultrasound at intake, 22, 28, and 36 weeks gestation
- Measurements performed: BPD, OFD, AC, femur, humerus and foot length
- Subset of 20 subjects also had measurements of the frontal part of brain

Matthews – South Africa (unpublished):

- > Results:
  - No significant growth fall-off on any measure up to 28 weeks gestation
  - However, 15% of exposed delivered preterm
  - Measurement of bony orbits can be accomplished by ultrasound prior to the last month of pregnancy and within 1 mm reproducibility

Wass – Denver, CO (Am J OB/Gyn;185:737,2001):

- > 29 heavily exposed women in a total sample of 155
  - Many recruited from treatment facilities so could have been mid to late pregnancy abstainers
- > 2D ultrasound scans at six time points ranging from 12 to 42 weeks gestation
- Four brain measurements:
  - Transcerebellar diameter
  - Distance from the posterior margin of the thalamus to the inner calvarium
  - Frontal lobe measurement
  - Biparietal diameter

- Wass Denver, CO (Am J OB/Gyn;185:737-42, 2001):
- > Results
  - 23% of the heavily exposed fetuses fell below the 10<sup>th</sup> percentile for the frontal lobe measurement
  - 4% of the fetuses in the control group fell below the 10<sup>th</sup> percentile on this measure
  - Earlier ultrasound measurements appeared to be more sensitive to differences in size of the frontal lobe
  - Dose response relationship between absolute ounces of alcohol consumed in first four weeks post conception and frontal lobe size

## The Use of Ultrasound for Early Detection of FASD Prenatal Ultrasound in CIFASD

	Matthews	Wass	Moscow	Ukraine
	60 exposed	29 exposed	600 Exposed	80 exposed
	4 scans	6 scans	3 scans	4 scans
BPD	Yes		Yes	Yes
OFD	Yes			Yes
AC	Yes		Yes	Yes
Femur, humerus, foot length	Yes		Yes	Yes
Orbital diameter	Yes			Yes
Frontal brain	Yes	Yes		Yes

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	Matthews	Wass	Moscow	Ukraine
EFW & CRL			Yes	Yes
Tibia length			Yes	Yes
Cord insertion			Yes	Yes
Placental position			Yes	Yes
Nuchal translucency & thickness			Yes	Yes
AFI			Yes	Yes

## The Use of Ultrasound for Early Detection of FASD Prenatal Ultrasound in CIFASD

	Matthews	Wass	Moscow	Ukraine
Heart and kidney			Yes	Yes
Bladder and stomach			Yes	Yes
Palate and lip			Yes	Yes
Spine			Yes	Yes
Hand and foot position			Yes	Yes
Fetal position			Yes	Yes

#### Postnatal Ultrasound for Early Detection of FASD Conclusions: SEATTLE PILOT STUDY

- I. The midline corpus callosum of the very young infant (birth through 3 months) can be imaged reliably via careful postprocessing of standard clinical ultrasound images by averaged unwarped imaging.
- 2. A substantial fraction of exposed infants show a potentially diagnostic anomaly of the splenium in these averaged unwarped images.
- 3. Quantification of these images seems straightforward using otherwise standard landmark and semilandmark methods, once the images themselves are reproduced.
- 4. The actual classification protocol finds an angular abnormality in 4 of the 7 infants exposed to high alcohol levels. The quantification then, may be a detection tool, not merely a group characterization.

#### Postnatal Ultrasound for Early Detection of FASD Proposed New Site CIFASD in Vienna

- Seattle protocol already underway in Vienna with Dr. Horst Seidel, Dr. Arnold Pollak, Dr. Fred Bookstein funded by Austria. Screening all pregnant and delivering mother; expect 40 heavy alcohol exposed and 500 unexposed control babies will get neonatal ultrasound this year.
- All babies with abnormal cc findings according to the Bookstein protocol will receive a sedated MRI. Additionally, Dr. Seidel hopes the city of Vienna will fund postnatal ultrasounds on 1,000 babies of consecutively consenting mothers for a normative sample.
  - 3. What can we do for them: conduct dysmorphology exams on the exposed infants with abnormal cc, train docs to do dysmorphology exams, and possibly collaborate on infant neurobehavioral follow-up

## The Use of Ultrasound for Early Detection of FASD Pre and Postnatal Ultrasound in CIFASD

	Seattle	Ukraine	Moscow
	N = 50	N = 150	N = 200
Exposed/Unexposed	Yes	Yes	Yes
Prenatal Scans/Expanded Scans		Yes	Yes
Postnatal Scans	Yes		
CIFASD Data Dictionary/db		Yes	Yes
Archived Images	Yes	Yes	Yes
CIFASD Physical Exams		Yes	Yes
Neurobehavioral Tests			Yes

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## > Proposal:

- Formalize role and designate a "home" under the dysmorphology core for ultrasound measures in existing Consortium sites
- Standardize measures across sites and apply these standards to future sites involving ultrasound
- Expand the ultrasound component of existing sites to pursue promising signal from Seattle pilot